

Beverages

- Ruby Red Grapefruit Juice, Orange Juice \$4.50
- Apple, Cranberry, Tomato, V8 Juice \$4.50
- Coffee, Decaffeinated Coffee, Selection of Teas \$4.50
- Hot Chocolate \$5 | Espresso \$4
- Cappuccino, Latte \$5
- Naked Smoothie – Red Machine, Blue Machine or Green Machine \$7
- Fiji Water or San Pellegrino 1-liter \$6 | Red Bull \$5

Bakery & Oats

- Assorted Danishes, Muffins and Croissants, Butter, Preserves \$8
- White or Whole Wheat Bagel Served with Cream Cheese, Preserves \$8
- McCann's Irish Oatmeal, Dried Fruit Compote, Roasted Almonds, Milk \$10
- Home Made Granola, Plain Low Fat Yogurt, Seasonal Berries, Honey \$9

Continental \$16

- Choice of Freshly Squeezed Fruit Juices
- Freshly Brewed Coffee or Selection of Teas
- Bakery Basket, Seasonal Fruit and Berries, Butter, Preserves

SPA Breakfast \$22

- Choice of Freshly Squeezed Fruit Juices
- Freshly Brewed Coffee or Selection of Teas
- Low Fat Yogurt, Seasonal Berries, Home Made Granola
- Egg White Frittata, Roasted Tomatoes, Shiitake Mushroom, Basil, Mozzarella
- Seasonal Healthy Muffin or Multi-grain Toast

The North 45 Breakfast \$21

- Choice of Freshly Squeezed Fruit Juices
- Freshly Brewed Coffee or Selection of Teas
- Low Fat Yogurt, Seasonal Berries and Home Made Granola
- Two Eggs any Style, Choice of Applewood-smoked Bacon, Ham, Sausage
- Pork or Chicken Sausage, Herb Roasted Potatoes, Choice of White or Multi-grain Toast

Specialties

- Two Farm Eggs any Style, Choice of Bacon, Ham, Pork or Chicken Sausage, Herb Roasted Potatoes \$13
- Egg White Frittata, Roasted Tomatoes, Shiitake Mushroom, Basil, Mozzarella \$14
- Fried Egg Sandwich, Bacon, Aged Cheddar, Arugula, Tomato, Herb Roasted Potatoes \$14
- Eggs Benedict, Ham, Herb Roasted Potatoes, Hollandaise \$14
- Crab Cake Benedict, Asparagus, Roasted Tomatoes, Herb Roasted Potatoes, Chipotle Hollandaise \$17
- Smoked Salmon, Cream Cheese, Asparagus, Tomato, Capers, Choice of Bagel \$16
- 6 oz New York Steak, Two Eggs any Style, Herb Roasted Potatoes, Hollandaise \$20
- Create your Own Omelet, Choice of: Asparagus, Tomato, Spinach, Onion, Mushroom, Pepper \$14
- Sausage, Ham, Bacon, Cheddar, Swiss, Herbs, Herb Roasted Potatoes
- Waffles, Seasonal Berries, Maple Syrup, Vanilla Bean Whipped Cream \$12
- French Toast, Vanilla Bean Whipped Cream, Seasonal Berries, Chocolate Ganache, Maple Syrup \$14
- Buttermilk Pancakes, Maple Syrup \$10

Sides

- Herb Roasted Potatoes \$4 | Bacon, Sausage, Ham, Chicken Apple Sausage \$5
- Seasonal Berries \$7 | Sliced Tomato, Extra Virgin Olive Oil, Basil, Sea salt \$5
- Seasonal Fruit Cup \$6 | Grapefruit Segments \$6

We will make every effort to accommodate special dietary requirements. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions

For parties of 8 people or more, an 18% gratuity will be added to all checks.