



## The Morning Gourmet

- Laclede's Steak and Eggs** **\$16.50**  
*Grilled New York Strip Steak served on a crispy potato, smoked ham and green onion hash with two farm-fresh eggs and choice of toast.*
- Deuces Wild** **\$12.00**  
*The perfect combination platter with two eggs any style, two sausage links, two strips of applewood-smoked bacon and two buttermilk pancakes with whipped butter and maple syrup.*
- The Broken Yolk Press** **\$10.50**  
*Two fried eggs pressed on Texas toast with applewood-smoked bacon, grilled Roma tomatoes and creamy Havarti cheese. Served with breakfast fruit salad.*
- Stadium Sausage Sliders** **\$9.00**  
*Two sage sausages and buttermilk biscuit sliders smothered with creamy cracked pepper sausage gravy.*
- The Gateway to the West** **\$10.50**  
*Two eggs any style with choice of applewood-smoked bacon, Miller's brown sugar-cured ham steak or link sausage. Served with Millennium breakfast potatoes and choice of toast.*
- From the Bakery** **\$9.50**  
*A sampling of two of our fresh baked muffins, croissants or fruit breads. Served with your choice of juice and fresh brewed coffee.*
- Soulard's Basket** **\$10.50**  
*An array of the season's freshest fruit and berries presented with brown bread and a wedge of double cream Brie cheese.*
- Egg options: Egg Beaters® or egg whites.  
Organic eggs may be substituted for additional \$2.00 per order.*

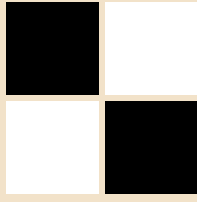
## Arch View Breakfast Buffet

*A complete breakfast buffet with oatmeal, cold cereals, granola with fresh berries, fruit bar, assorted yogurts, breakfast breads and pastries, scrambled eggs, smoked bacon, sausage links, breakfast potatoes, and a daily selection from the flour mill. Includes choice of juice and coffee. Asian rice congee is available upon request with advance notice.*

**\$14.50**

## From The Flour Mill

- Belgian Waffle** **\$10.50**  
*Served with maple syrup or berries and whipped cream.  
Choice of applewood-smoked bacon, Miller's brown sugar-cured ham steak or sausage links.*
- Pierre's Praline Crunch French Toast** **\$12.00**  
*Cinnamon brioche soaked in vanilla bean custard and coated with crushed corn flakes. Grilled golden brown and layered with maple praline butter, caramel sauce and pecans.*
- Gourmet Griddle Cakes** **\$10.00**  
*Just plain and simple with whipped butter and maple syrup. Served with choice of applewood-smoked bacon, Miller's brown sugar-cured ham steak or sausage links.*
- Cobble Stone Banana Pecan Pancakes** **\$11.00**  
*Fluffy buttermilk pancakes sweetened with caramelized bananas and candied pecans. Served with choice of applewood-smoked bacon, Miller's brown sugar-cured ham steak or sausage links.*



## The Healthy Start

### Blueberry Orange Pancakes

\$11.00

Whole grain griddle cakes studded with fresh blueberries and house-made granola. Served with pure maple syrup and breakfast fruit salad.

Calories 593 Total fat 8.5 grams Saturated fat 3 grams Carbohydrates 137 grams

### Yogurt Parfait

\$8.00

Low-fat yogurt layered with fresh berries, flax seed and house-made granola. Served with a bran muffin.

Calories 770 Total fat 23 grams Saturated fat 6 grams Carbohydrates 122 grams

### Heart Smart Breakfast

\$11.00

Scrambled Egg Beaters® with grilled turkey Kielbasa, fresh fruit salad and a bran muffin.

Calories 591 Total fat 15 grams Saturated fat 3 grams Carbohydrates 80 grams

### Grilled Artichoke Frittata

\$11.00

A fluffy egg white omelet with grilled artichokes, local Feta cheese, baby spinach and grilled pesto tomatoes. Served with choice of toast or bran muffin.

Calories 492 Total fat 24 grams Saturated fat 6.5 grams Carbohydrates 64 grams

The nutrient information provided is based on standard product formulations. Variations may occur due to a variety of circumstances including change in supplier, seasonal variances and product assembly.

## More Than Eggs Benedict

### The Classic

\$12.00

Soft poached eggs and rashers of lemon-cured back bacon on a butter toasted English muffin topped with hollandaise sauce. Served with Millennium breakfast potatoes.

### Smoked Salmon Benedict

\$14.00

Soft poached eggs nestled on a toasted English muffin with smoked salmon and topped with hollandaise sauce and capers. Served with Millennium breakfast potatoes.

### Eggs Benedict Caprese

\$12.00

Soft poached eggs on a toasted English muffin with layers of grilled steak cut tomatoes, baby spinach and fresh Mozzarella cheese. Served with Millennium breakfast potatoes.

### Awesome Omelets

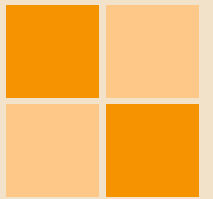
\$11.00

Served with Millennium breakfast potatoes and choice of toast.

**The Classic** – Overstuffed with Miller's brown sugar-cured ham and aged cheddar cheese.

**Ratatouille Omelet** – Three-egg vegetarian omelet filled with bell pepper, onion, Portabella mushrooms, zucchini, Roma tomatoes, baby spinach, fresh basil and local Feta cheese.

**Western Omelet Wrap** – Grilled chili-rubbed chicken breast, flame-roasted peppers and onions and pepper jack cheese omelet wrapped in a tomato tortilla. Served with ranchero sauce and sour cream.



Egg options: Egg Beaters® or egg whites. Organic eggs may be substituted for additional \$2.00 per order.

## On The Side

Oatmeal served with dried fruit medley and brown sugar	\$5.00
Assorted dry cereals	\$4.00
House-made granola packed with dried fruit and almonds	\$5.00
Bagel with cream cheese	\$4.00
Grilled breakfast potatoes	\$3.00
Toast and preserves	\$3.00
Side of bacon, sausage or grilled ham steak	\$4.00
Fresh fruit and berry breakfast salad	\$5.00
Assorted fruit yogurt	\$4.00
Kaya (coconut jam) and toast	\$5.00

## Beverages

Fresh brewed coffee	\$2.50
Selection of Tazo teas	\$2.75
Hot chocolate	\$3.00
Freshly squeezed orange juice	\$3.50
Assorted fruit juices	\$3.50
Still or sparkling water	\$2.50
Assorted soft drinks	\$2.50
Skim, 2% or chocolate milk	\$2.75
Soy milk	\$3.00