



Stage 7 - Los Angeles Time Trial

Saturday, May 22

Presented by HERBALIFE

Time on Course			Course Directions	Point to Point	Miles Ridden	Miles to Go	KM Ridden
26 mph 41.8 kph	28 mph 45 kph	30 mph 48.3 kph					
0:00:00	0:00:00	0:00:00	Race Start on Figueroa St. at 12th St.	0.0	0.0	20.9	0.0
0:04:15	0:03:57	0:03:41	Right onto Exposition Blvd. from Figueroa St.	1.8	1.8	19.1	3.0
0:05:16	0:04:53	0:04:34	Left onto Menlo Ave. from Exposition Blvd.	0.5	2.3	18.7	3.7
0:06:17	0:05:50	0:05:26	Left onto Park Dr. from Menlo Ave.	0.4	2.7	18.2	4.4
0:06:37	0:06:09	0:05:44	Left onto Hoover St.	0.2	2.9	18.1	4.6
0:07:51	0:07:17	0:06:48	Right onto Menlo Ave. from Exposition Park Dr.	0.5	3.4	17.6	5.5
0:08:16	0:07:40	0:07:01	Right onto Exposition Blvd. from Menlo Ave.	0.2	3.6	17.4	5.8
0:09:17	0:08:37	0:08:02	Left onto Figueroa St. from Exposition Blvd.	0.4	4.0	16.9	6.5
0:13:19	0:12:22	0:11:32	Right onto Pico Blvd. from Figueroa St.	1.8	5.8	15.2	9.3
0:13:27	0:12:30	0:11:40	Left onto Flower St. from Pico Blvd.	0.05	5.8	15.1	9.4
0:14:03	0:13:03	0:12:11	Right onto 11th St. from Flower St.	0.3	6.1	14.9	9.8
0:14:35	0:13:33	0:12:38	Left onto Olive St. from 11th St.	0.2	6.3	14.6	10.2
0:17:25	0:16:11	0:15:06	Right onto 1st St. from Olive St.	1.6	7.6	13.4	12.2
0:18:07	0:16:49	0:15:42	Left onto Main St. from 1st St.	0.3	7.9	13.1	12.6
0:18:29	0:17:01	0:16:01	Left onto Temple St. from Main St.	0.1	8.0	12.9	12.9
0:19:23	0:18:00	0:16:48	Left onto Grand Ave. from Temple St.	0.4	8.4	12.6	13.5
0:19:51	0:18:26	0:17:12	Left onto 1st St. from Grand Ave.	0.2	8.6	12.4	13.8
0:19:59	0:18:33	0:17:19	Right onto Olive St. from 1st St.	0.1	8.7	12.3	13.9
0:22:49	0:21:12	0:19:47	Right onto 11th St. from Olive St.	1.2	9.9	11.1	15.9
0:23:32	0:21:51	0:20:24	cs over Figueroa St. onto Chick Hearn Ct.	0.3	10.2	10.8	16.4
0:23:39	0:21:58	0:20:30	cs past Finish Line - begin lap 2	0.1	10.3	10.7	16.5
0:23:56	0:22:13	0:20:44	u-turn at Georgia St.	0.1	10.4	10.6	16.7
0:24:18	0:22:34	0:21:04	Right onto Figueroa St. from Chick Hearn Ct.	0.1	10.5	10.4	16.9
0:28:48	0:26:45	0:24:58	Right onto Exposition Blvd. from Figueroa St.	2.0	12.5	8.5	20.1
0:29:48	0:27:40	0:25:49	Left onto Menlo Ave. from Exposition Blvd.	0.4	12.9	8.0	20.8
0:30:44	0:28:33	0:26:38	Left onto Park Dr.	0.4	13.3	7.6	21.4
0:30:58	0:28:45	0:26:50	Left onto Hoover St.	0.1	13.4	7.5	21.6
0:31:47	0:29:30	0:27:32	Right onto Menlo Ave. from Exposition Park Dr.	0.4	13.8	7.2	22.2
0:32:32	0:30:13	0:28:12	Right onto Exposition Blvd. from Menlo Ave.	0.3	14.1	6.9	22.7
0:33:48	0:31:24	0:29:18	Left onto Figueroa St. from Exposition Blvd.	0.6	14.7	6.3	23.6
0:37:33	0:34:52	0:32:32	Right onto Pico Blvd. from Figueroa St.	1.6	16.3	4.7	26.2
0:38:00	0:35:18	0:32:56	Left onto Flower St. from Pico Blvd.	0.2	16.5	4.5	26.5
0:38:28	0:35:43	0:33:20	Right onto 11th St. from Flower St.	0.2	16.7	4.3	26.8
0:39:06	0:36:18	0:33:53	Left onto Olive St. from 11th St.	0.2	16.9	4.0	27.3
0:41:52	0:38:52	0:36:17	Right onto 1st St. from Olive St.	1.2	18.1	2.8	29.2
0:42:39	0:39:36	0:36:58	Left onto Main St. from 1st St.	0.4	18.5	2.5	29.7
0:42:48	0:39:45	0:37:06	Left onto Temple St. from Main St.	0.1	18.6	2.4	29.9

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26 mph 41.8 kph	28 mph 45 kph	30 mph 48.3 kph					
0:43:42	0:40:35	0:37:53	Left onto Grand Ave. from Temple St.	0.3	18.9	2.0	30.5
0:44:05	0:40:56	0:38:12	Left onto 1st St. from Grand Ave.	0.2	19.1	1.9	30.7
0:44:32	0:41:21	0:38:36	Right onto Olive St. from 1st St.	0.2	19.3	1.7	31.1
0:47:14	0:43:52	0:40:56	Right onto 11th St. from Olive St.	1.2	20.5	0.5	32.9
0:48:14	0:44:47	0:41:48	Race Finish on Chick Hearn Ct. and LA Live	0.4	20.9	0.1	33.6

First Rider Start: 1:00 pm

First 90 riders at 1-minute intervals

Last 30 riders at 2-minute intervals

Last Rider Finish: 4:15 pm

Times may differ based on number of starters.