



HEALTH

CARE

 *Jasmine Spa*



Grand Millennium Dubai

warmly welcomes you into its Health Club Facilities. Known in Dubai as a hotel with luxurious spa and wet facilities of high standards meeting all guests' expectations.

As a member you are entitled to experience the following privileges

- Enjoy 20% discount on published Spa prices.
- Enjoy 20% discount on Spa Packages.
- Enjoy 20% discount on F&B outlets.
- Enjoy 20% discount on Top Style Salon.
- Complimentary valet car parking during your work out session.
- Free access to locker rooms and use of towels.
- Available facilities are Gymnasium, Steam, Sauna, Ice fountain, separate male and female Locker Rooms, Relaxation Area, temperature controlled swimming pool and Jacuzzi, Indoor Jacuzzi.
- Invited guest is entitled to enjoy 50% discount on day use one time in a week.
- Complimentary 2 hours personal training on 3 months/6 months/1 year.
- 30 min Complimentary Anti Stress Back Massage for 1 month and 3 months membership.
- 1 hour complimentary Relaxing Aroma Massage for 6month and 1 year memberships.

Other Services

- Day use of Wellness center facilities for AED 100 per person on Friday and Saturday. AED 70 on week days.
- Jasmine Spa provides Relaxing Massages, Facials, Body Scrub/Masks/Mud wrap, Moroccan Hammam, Shape & Slim therapy.

HEALTH CLUB MEMBERSHIP

Status	1 Month	3 Months Silver	6 Months Gold	Diamond Annual
Single	500	1500	2200	3900
Couple	800	2200	4000	5500
Family	1300	2400	4200	6500

General terms & conditions

- Members entering Jasmine Spa do so at their own risk. Neither the Spa nor any associated company or body, including the Grand Millennium Dubai team members, will accept responsibility whatsoever for any injury, loss, fatality or damage cause to any person or property.
- Members are requested to present their membership card at the Jasmine Spa reception prior to using the facilities. The management reserves the right to refuse admission to any member not presenting his card.
- Members should immediately report the loss of their membership card to the Spa.
- Members are required to wear appropriate clothing when using any of the Jasmine Spa facilities. Proper swimwear must be worn in the pool at all times.
- Domestic Employee such as maids, drivers and nannies will not be allowed the free use of Spa facilities. Domestic employees shall however be considered as part of the members household and must be obtain a membership card in order to enter the Spa premises.
- Children under the age of sixteen (16) are not permitted to use the Gymnasium, Steam room, Sauna and Spa facilities.

POWER PLATE SESSION

1 Session	-	AED 100
3 Sessions	-	AED 500
5 Sessions	-	AED 800
10 Sessions	-	AED 1500

PERSONAL TRAINING

3 Sessions	-	AED 500
5 Sessions	-	AED 800
10 Sessions	-	AED 1500

SWIMMING LESSONS

Swimming lessons are available for AED 75 per session.

10 sessions AED 650



Locker Rooms

- Club members have to sign for locker key at the Spa Reception and must be returned at the end of session.
- Valuables should not be brought into the Spa lockers and stored in either long term or daily use lockers; Jasmine Spa is not responsible for lost or stolen property.

Swimming Pool and Jacuzzi

- Children under the age of sixteen (16) years are not allowed to use the gymnasium.
- Children at the age of seven (7) years should be accompanied by a parent or responsible person in a swimming pool at all times including in the water, on the deck and in the restroom.
- All members should shower before entering the pool.
- Pets are not allowed near the swimming pool.
- No person with an open cut wound or skin infection is allowed in the pool. Cutoffs (jeans, pants or shorts) shall not be used for swimwear, as cutoffs tend to impair the pool filtration system.

Sauna and Steam

All members must shower before entering sauna.

- Children under the age of sixteen (16) years are not allowed to use the sauna.
- For safety, limit your use of the sauna to a combined maximum of ten (10) minutes. Prolonged usage may result nausea, dizziness or fainting.
- Swimwear is required to be worn.
- Please sit on a towel while on sauna.
- A member with open wounds or infectious disease are not permitted in the sauna or steam rooms.
- Women who are pregnant and individuals with heart disease, abnormal/high blood pressure and diabetes should consult a physician before using the sauna.
- Individuals using the facility do so at their own risk.
- Please contact the Spa attendant for assistance.

Changing Area

Personal belongings should not be kept in the changing rooms. Please secure your items in the locker provided.



 *Jasmine Spa*

For reservation call **04 429 9999** or
email: spa.reception@grandmill-dubai.com
Sheikh Zayed Road, Exit 36, P.O. Box 212422,
Dubai, U.A.E. , Fax: 00971 4 374 3777
www.grandmillenniumdubai.com



**GRAND
MILLENNIUM**

DUBAI

You are the Centre of Our World



M. No.

HEALTH CLUB MEMBERSHIP FORM

Personal Information

Name:

Address:

Nationality:

Occupation:

Date of Birth:

Mobile:

Telephone:

Emergency Contact No:

Contact Name:

Type Of Membership:

Length of Membership:

Payment Type:

Amount Paid:

E-mail:

Passport/ ID:

How did you hear about Jasmine Spa?
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Signature:

Date:

Office Use Only

Membership No:

Amount Paid:

Membership Start Date:

Membership Valid Until:

Received By:



TERMS AND CONDITIONS

In order to maintain a high standard of facilities within a safe leisure environment and to ensure everyone's enjoyment, please read and observe the following membership rules.

- Grand Millennium Dubai hotel has implemented the following terms and conditions to ensure the comfort of all their members and guests using the Jasmine Spa, Health club pool facilities.
- All members must present their membership card upon arrival at the reception and sign in.
- The membership card is non transferable. Person who violates this rule will have their membership revoked without refund of their membership fees. Loss of membership card should be reported immediately.
- Loss of damage to property or valuables will be the sole responsibility of the member or guests.
- Payment of the membership fee must be made upon acceptance of the application. Entry will not be permitted until the fee is paid and which is non refundable and non transferable.
- The management has the right to refuse the renewal of any membership without explanation or reason.
- Lockers are provided for your convenience and personal belongings storage. Locker keys must be returned to the reception after use. For security reasons and the benefits of other members, all lockers must be vacated by the end of each visit.
- Towels are available to members and hotel guests upon entry to the health club. They must be signed for and returned to a member of the staff after use
- Member's behavior in the Spa must not constitute a security or safety hazard to themselves or others in the Spa.
- Children under the age of 16 are not permitted to use the gym, steam room, sauna.
- Appropriate swimwear must be worn in the pool, steam, sauna and Jacuzzi. Proper gym attire and shoes must be worn in the gymnasium.
- Person with infections disease, open lesions etc. should refrain from using the club.
- The management reserves the right to ask any person violating the above rules and regulations to leave the club and refuse thereafter any further admission.

I have read and understood the above terms and conditions for membership to the Jasmine Spa and agree that both myself and my guests will cooperate and abide by the regulations imposed by the hotel.

Name:.....

Signature:..... Date:.....

